

How understanding personality can promote diversity and inclusion



#### Your presenter – John Hackston

- Head of Thought Leadership, The Myers-Briggs Company
- Chartered Psychologist
- Creating, using and researching psychometric tests and questionnaires for 35 years
- Using our tools MBTI, FIRO, CPI, TKI since 1997
- Regular speaker at conferences and author on the psychology scene





Covid-19 is making things worse

- Women and minority ethnic individuals:
  - Less likely to be able to work from home
  - More likely to be frontline workers
- Compared with fathers, mothers:
  - Are more likely to have quit or lost job
  - Spend a third less time on paid work
  - Are interrupted at work more often
- Minority women have been more severely affected than white women



## Today's agenda



#### Research

- How women and minority individuals are under-represented at senior levels
- How this interacts with MBTI® personality type



#### Actions

- How type practitioners can use this knowledge to address these issues
- Specific actions that organisations can take



#### Next steps

• Tools and resources you can use to make these changes happen





Research



## Sample



N=1,799,429



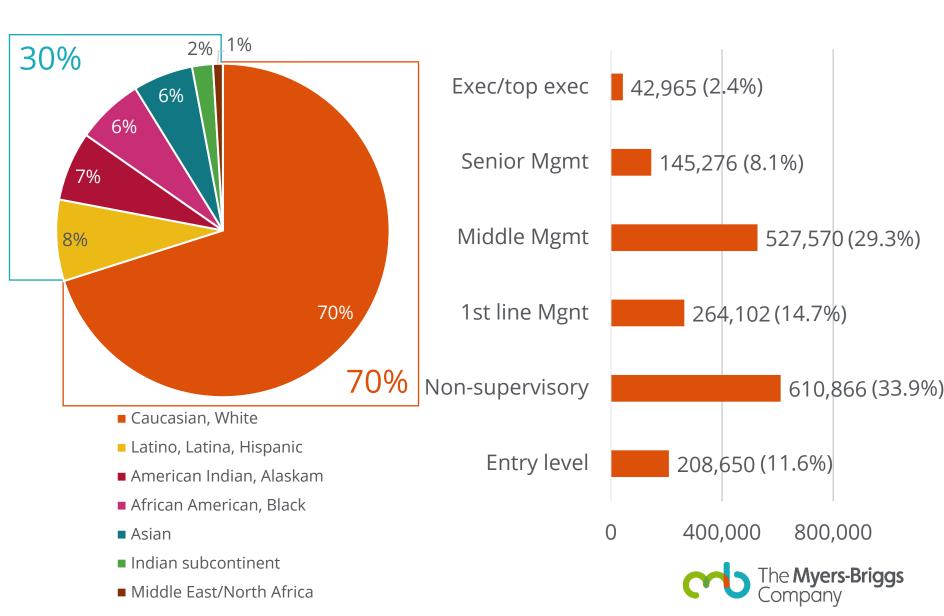
2004 - 2018



47.9%



52.1%



# Female and minority ethnic leaders under-represented

Level	% overall	
Executive/top exec	2.4	
Senior management	8.1	
Middle management	29.3	
1st line management	14.7	
Non-supervisory	33.9	
Entry level	11.6	



# Minority ethnic women especially affected

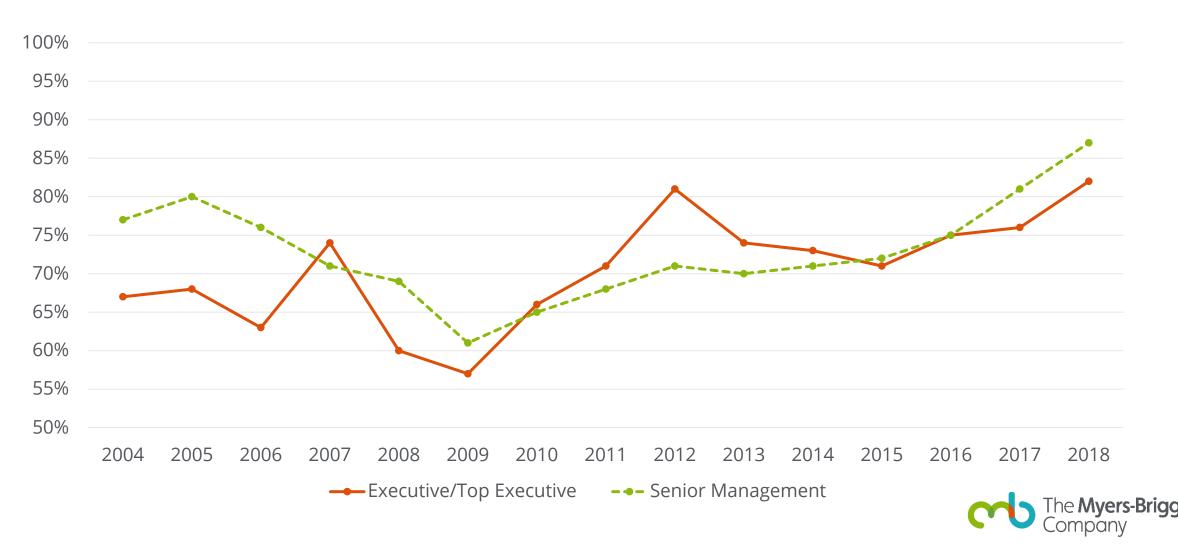
Level	% of male majority	% of female majority	% of male minority	% of female minority
Executive/top exec	3.4	1.7	2.4	1.2
Senior management	10.9	6.6	7.5	4.7
Middle management	32.8	26.4	29.6	21.3
1st line management	15.8	13.0	16.7	13.2
Non-supervisory	28.7	40.4	30.4	41.7
Entry level	8.4	12.0	13.4	17.8



### Under-representation of women leaders by year



## Under-representation of minority leaders by year

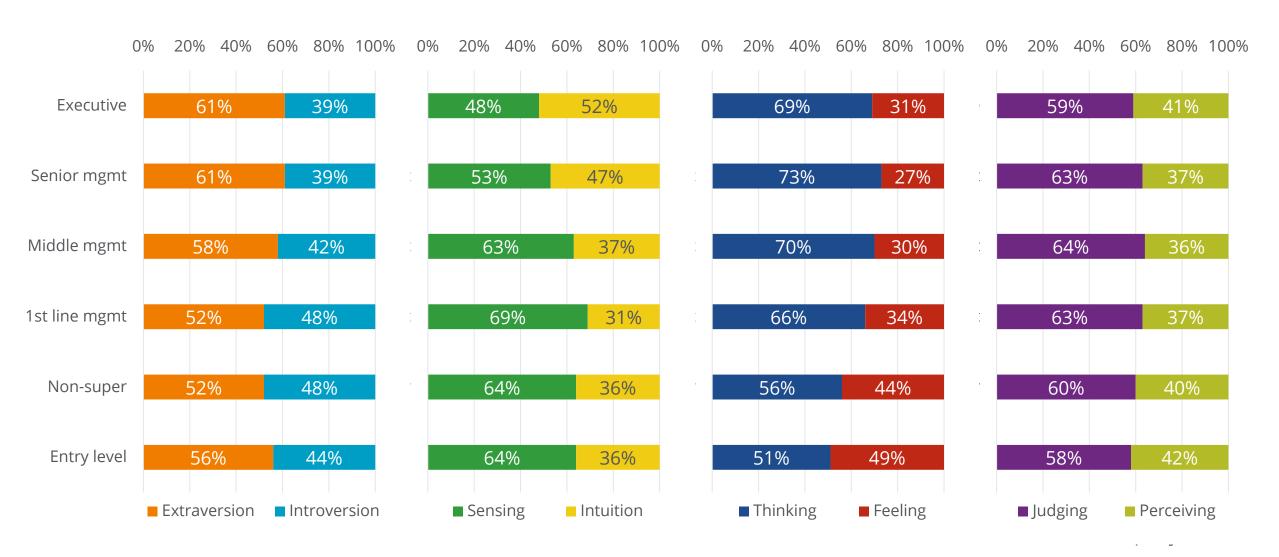


# The Myers-Briggs Type Indicator® (MBTI®) model





# MBTI® preferences and job level



# Personality, gender and majority-minority

Level	% Thinking		
	Male	Female	
Executive/top exec	75.6	57.0	
Senior management	79.8	61.8	
Middle management	80.6	58.3	
1st line management	78.3	52.0	
Non-supervisory	73.9	35.9	
Entry level	69.0	38.8	



### Research summary

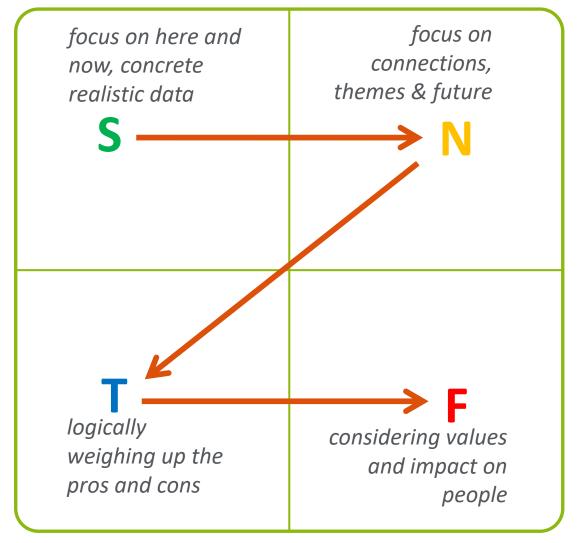
- Female and minority individuals are under-represented at senior levels
- Minority women are especially underrepresented
- Representation of women in leadership is improving but still lags behind
- No consistent trend for minority leaders
- Differences in taking in information (S-N) and decision-making (T-F) exacerbate these effects, especially for women

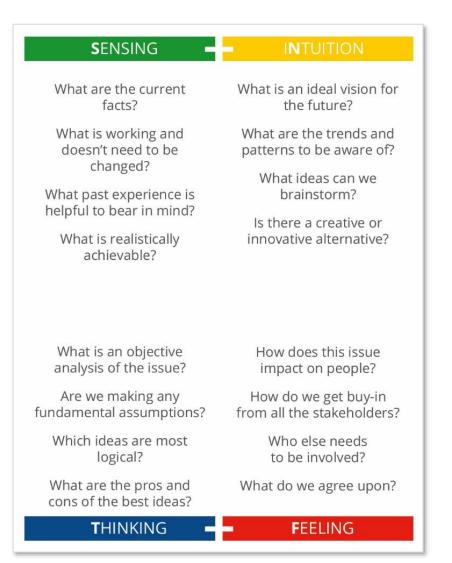


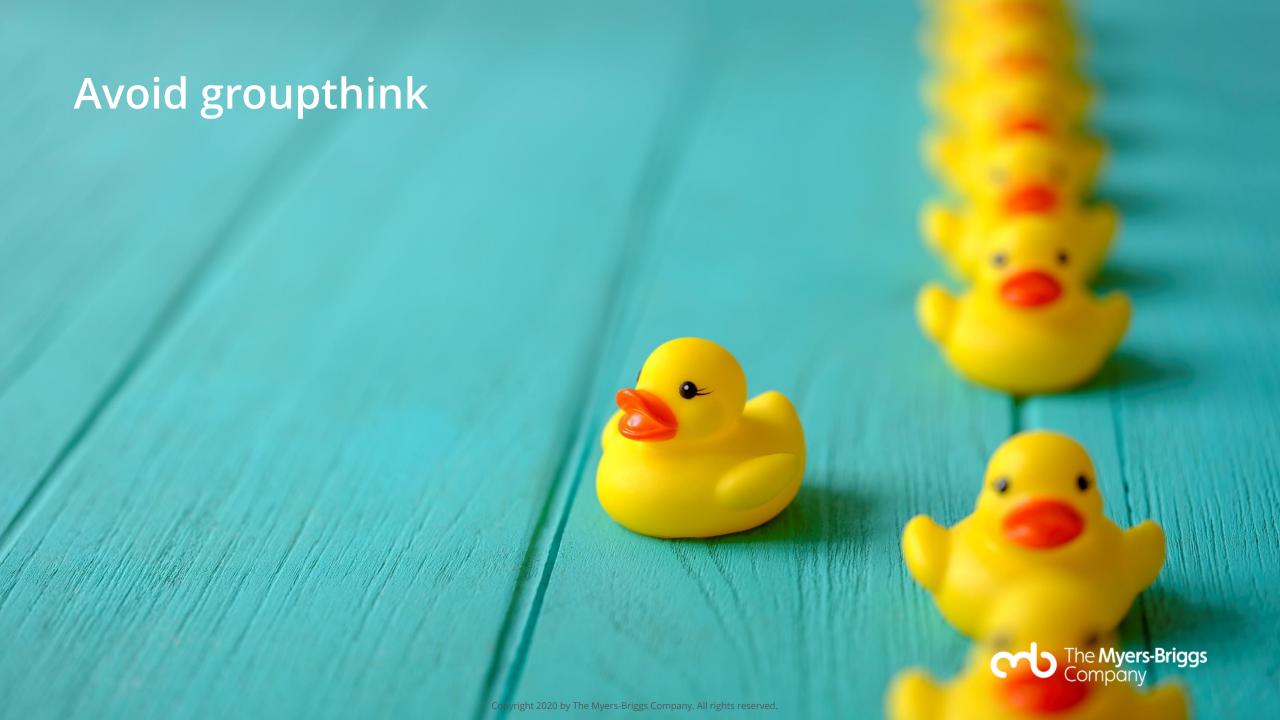




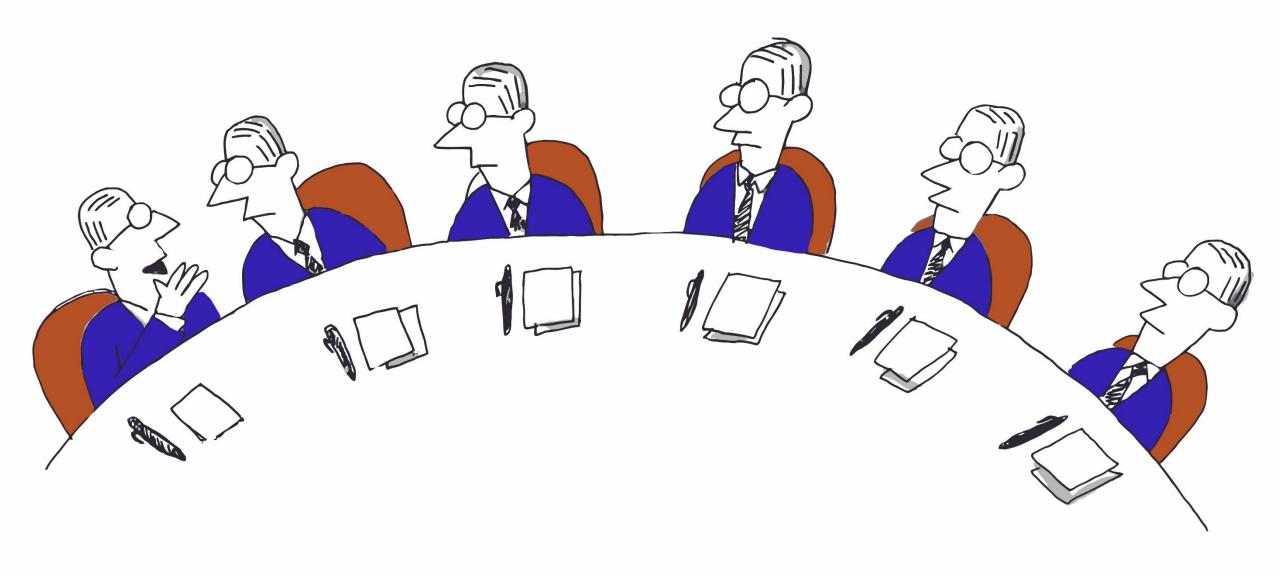
# Sensing-Intuition and Thinking-Feeling: the Z-model







# Build leader self-awareness The Myers-Briggs Company Copyright 2020 by The Myers-Briggs Company. All rights reserved.



"Diversity is good. Pass it down."



#### We've talked about:

Research: where we are

Actions: what you can do





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## **Developing Your Virtual Workforce**

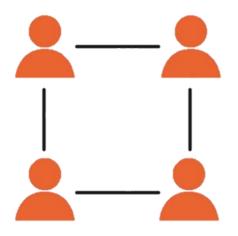
#### themyersbriggs.com/Campaigns/Developing-Your-Virtual-Workforce

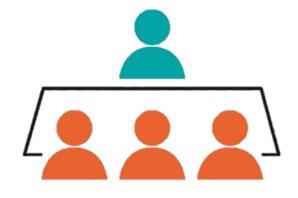
- Free resources
  - Tip sheets
  - Recommended webinar links
  - Guide to giving remote feedback
- Expert facilitator-led virtual workshops
- Product recommendations
- ...and more

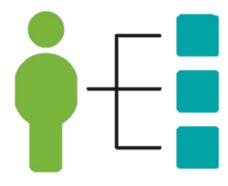




### Your partner to build trust







Consultancy services

Practitioner training

MBTI products & materials



# Any questions?



# Thank you!

Good luck & STAY SAFE!

